



Girls Ages 7 to 16

2009 Evening Clinic and Summer League Registration

1st girl's name: _____ Age _____ 2nd girl's name: _____ Age _____
 3rd girl's name: _____ Age _____ 4th girl's name: _____ Age _____
 Parent's name (s): _____ Home Phone: _____
 Home address: _____ City: _____ State: _____ Zip: _____
 E-mail address _____ (please print clearly)

Register online with a credit card at www.cville-lax.com

	SAVE \$10! Register before May 1, 2009	After May 1
<input type="checkbox"/> Evening Clinic Only	\$40	\$45
<input type="checkbox"/> Seminole League Only	\$50	\$55
<input type="checkbox"/> Clinic & League Together	\$70	\$80

Total fee enclosed: \$

Please make checks payable to **Seminole Lacrosse League**.
 Send check and this form to: Seminole Lacrosse League,
 P.O. Box 6374, Charlottesville, VA 22905

- My child (children) has been registered and has paid for the clinic and would now like to register for the summer league.
 I qualify for the family discount of \$5 per child (3 or more SLL participants). #of _____ girls # of _____ boys

Every SLL participant must be a member of U.S. Lacrosse—renew annually. Forms are available at www.lacrosse.org

Please send U.S. Lacrosse membership form and check directly to USLL in Baltimore.

EXISTING 2009 member#

1st girl # _____ 2nd girl# _____
 3rd girl # _____ 4th girl# _____

NEW MEMBER IN 2009. Membership mailed to US Lacrosse on:

1st girl (date) _____ 2nd girl (date) _____
 3rd girl (date) _____ 4th girl (date) _____

Clip and save your schedules

Evening Lacrosse Clinic (Tues., Thurs., and Fri.)

When: June 16, 18, and 19, from 6:30 to 8:00 p.m.
Where: Darden Towe Park.
Who: All girls ages 7 to 16
What: A lacrosse clinic for girls ranging from beginner to expert. Points of emphasis will be fundamentals, Stick skills, rules, and fun!!
Equipt: Lacrosse stick (a number of sticks are available for beginners), mouthguard and *safety goggles. **Please bring a water bottle!**
Purpose: The purpose of this clinic is to educate and prepare the girls for participation in the Seminole Lacrosse League. It is very important for beginners to participate in this clinic before participating in The League.*

Seminole Lacrosse League

When: **First practice is on Tuesday, June 23.** Practices are held from 6:30 to 8:00 p.m. every Tuesday. Games are played on Saturdays from June 27 to July 18.
Age groups, game times and equipment requirements:
 Age groups: 7 & 8; 9 & 10; 11 to 13; 14 to 16
 Games are on Saturdays from 10:30 a.m. to noon.
 Required equipment: a Lacrosse stick, mouthguard, and goggles.*
Teams will be formed within age groups each Saturday.
 SLL follows NCAA & VHSL guidelines regarding safety eye equipment, however U.S Lacrosse recommends that all girls wear approved safety goggles when playing lacrosse.

- Remember to visit www.cville-lax.com for all your lacrosse information, to download forms, or link to US Lacrosse.
- Weather cancellations will be posted on the Web site by 5 p.m. each day of SLL Clinic and League. After 6, call the **Seminole hotline 434.975.0949** for a cancellation message. Please do NOT leave a message.
- Visit the Downtown Athletic Store, in Seminole Square, for lacrosse equipment and additional registration forms.
- Visit the **Seminole Oasis** (concession stand) during **Clinic and League** for lacrosse shorts, T-shirts, mouthguards, goggles, and drinks.

Seminole Lacrosse League Philosophy and Goal

The Seminole Lacrosse League is an organization dedicated to the promotion and development of the great game of lacrosse in the Charlottesville/Albemarle area. Our goal is to give the youngsters of our area the opportunity to play and experience lacrosse, thus helping the game grow at the high school level.

League Directors

Al Sadtler, 434.975.0949 evenings

Nancy Haws e-mail: nancyhaws@embarqmail.com

Lindsay Neese e-mail: lyn3z@hscmail.mcc.virginia.edu

Agreement

We, the parents of the above named applicant, hereby apply to the Seminole Lacrosse League, Inc., a Virginia corporation, (The League) for permission for our child to participate in the 2009 Summer Lacrosse "Youth League." As a condition to our child playing in The League, we agree that, if accepted, our child's participation will be subject to the following representations and rules:

- Included with this application is a nonrefundable check.
- We agree that should our child borrow any equipment from a coach, fellow player, a school, The League, or anyone else that this will be a mere accommodation resulting from our failure to supply our child's equipment as required and that the party lending such equipment shall not be responsible for its safety or condition.

- By signing this application, we hereby promise and represent that our child has had a recent physical examination by a licensed physician, that there has been no material change in his/her physical condition since that examination and the he/she has been found, and is currently, medically, and physically fit to play lacrosse.
- We assume all responsibility for our child's transportation to and from practice or games. The League will not be responsible for any transportation or any liability or injury arising from transportation supplied by others.
- We acknowledge that lacrosse is a potentially dangerous sport. We and our child agree to assume all risks and hazards incidental to his/her playing the sport. On behalf of our child we hereby release,

- absolve and agree to indemnify and hold harmless The League, its organizers, directors, and officers, any sponsors, officials, supervisors, the owner(s) of fields or equipment used, other participants, and anyone providing our child with transportation, from any claim or liability including cost of defense, arising out of his/her participation.
- We acknowledge that this form must be signed by both parents. If it is signed by only one parent, we signify that this parent, alone, has the sole legal custody and responsibility for the child.
- We affirm that we have read and fully understand the conditions set forth above.
- We certify that the personal representations made here are accurate, current, and complete to the best of our knowledge.

Date: _____ Signature of applicant: _____

Signature of Mother: _____ Signature of Father: _____

Seminole Lacrosse League
P.O. Box 6374
Charlottesville, VA 22905

Visit www.cville-lax.com to register, download additional SLL registration forms for Boys, Girls, and Players' League, all lacrosse information, and to link to US Lacrosse for membership forms, which also are available at www.lacrosse.org

- Visit the Downtown Athletic Store for lacrosse equipment and additional registration forms.
- Visit the **Seminole Oasis** during clinic and league for Seminole lacrosse shorts, T-shirts, mouthguards, and drinks.